

TREADMILLS

AN EXERCISE IN PASSION.

Strong, smart and beautiful do not just happen. Neither do belts that last longer. Or motors that run smoother. Or designs that look better. Striking the perfect balance of engineering and aesthetics, our treadmills attract more attention and require less maintenance than anything you put next to it.



Ultimate Deck™ System

Our impact absorption system provides the ultimate feel for all users, and offers over 25,000 miles of maintenance-free performance.



Cast Aluminum End Caps

For lasting durability, the Matrix 5 and 7 series treadmills are equipped with cast aluminum end caps.



Dynamic Response Drive System™

Our exclusive drive system is coupled with controller technology that continuously monitors and adjusts to user foot fall to ensure a perfect stride.



Spacious Running Surface

The Matrix 5 and 7 series treadmills feature a 22" wide belt providing an added sense of security and freedom.



Low Step-on Height

All Matrix 1 and 3 series treadmills feature a low 7.5" (19 cm) step-on height for easy accessibility. The 5 and 7 series treadmills are 9.5" (24 cm).







- integrated 7" (18 cm) LCD display
- I Vista Clear™ Television Technology the most vibrant picture quality in the industry
- compatible with the immersive Virtual Active™ programming



large LED display provides easy viewing and simple controls



*15 mph rating good up to 350 lbs user **Light Commercial Warranty - 6 hours of use or less daily

rreadmin opecine	ations						
	T7xe Treadmill	T7x Treadmill	T5x Treadmill	T3xe Treadmill	T3x Treadmill	T1xe Treadmill	T1x Treadmill
FEATURES							
Deck Type	Ultimate™ Hard-Wax reversible 1" deck	Ultimate™ Hard-Wax reversible 1" deck	Ultimate™ Hard-Wax reversible 1" deck	Ultimate™ Hard-Wax reversible 1" deck	Ultimate™ Hard-Wax reversible 1" deck	Ultimate™ Hard-Wax reversible 1" deck	Ultimate™ Hard-Wax reversible 1" de
Belt Type	Habasit - 2-ply commercial grade	Habasit - 2-ply commercial grade	Habasit - 2-ply commercial grade	Habasit - 2-ply commercial grade	Habasit - 2-ply commercial grade	Habasit - 2-ply commercial grade	Habasit - 2-ply commercial grade
Running Area	60" x 22" (152 cm x 56 cm)	60" x 22" (152 cm x 56 cm)	60" x 22" (152 cm x 56 cm)	60" x 20" (152 cm x 51 cm)	60" x 20" (152 cm x 51 cm)	60" x 20" (152 cm x 51 cm)	60" x 20" (152 cm x 51 cm)
Deck Step Height	9.5" (24 cm)	9.5" (24 cm)	9.5" (24 cm)	7.5" (19 cm)	7.5" (19 cm)	7.5" (19 cm)	7.5" (19 cm)
Cushion System	Ultimate Deck™ Cushioning System	Ultimate Deck™ Cushioning System	Ultimate Deck™ Cushioning System	Ultimate Deck™ Cushioning System	Ultimate Deck™ Cushioning System	Ultimate Deck™ Cushioning System	Ultimate Deck™ Cushioning System
Incline Range	0-15% (1,300 lb thrust incline motor)	0-15% (1,300 lb thrust incline motor)	0-15% (1,300 lb thrust incline motor)	0%-15% (1,300 lb. elevation motor)	0%-15% (1,300 lb. elevation motor)	0%-15% (700 lb. elevation motor)	0%-15% (700 lb. elevation motor)
Speed Range	0.5 - 15* mph	0.5 - 15* mph	0.5 - 12 mph	0.5 - 12 mph	0.5 - 12 mph	0.5 - 12 mph	0.5 - 12 mph
Contact & Telemetric HR Sensors	Yes	Yes	Yes	Yes	Yes	Yes	Yes
DRIVE SYSTEM							
Motor and Motor Controller	Matrix 5.0 hp AC Dynamic Response Drive System™	Matrix 5.0 hp AC Dynamic Response Drive System™	Matrix 5.0 hp AC Dynamic Response Drive System™	Matrix 4.2 hp AC Dynamic Response Drive System™	Matrix 4.2 hp AC Dynamic Response Drive System™	Matrix 3.0 hp AC Dynamic Response Drive System™	Matrix 3.0 hp AC Dynamic Respons Drive System™
CONSOLE							
Display Type	15" (38 cm) Touch Screen LCD	7" (18 cm) LCD	Dot-matrix LED	7" (18 cm) LCD	Dot-matrix LED	7" (18 cm) LCD	Alphanumeric LED
Display Feedback	Time, distance (kilometers or miles), calories, calories per hour, speed, incline, pace, heart rate, METs, watts, dyamic profile display, static profile display	Time, distance (kilometers or miles), calories, calories per hour, speed, incline, pace, heart rate, METs, watts, profile	Time, distance, calories, speed, incline, pace, heart rate, METs, watts	Time, distance (kilometers or miles), calories, calories per hour, speed, incline, pace, heart rate, METs, watts, profile	Time, distance, calories, speed, incline, pace, heart rate, METs, watts	Time, distance (kilometers or miles), calories, calories per hour, speed, incline, pace, heart rate, METs, watts, profile	Speed, incline, elapsed time, distance pace, heart rate, time remaining, calories
User Defined Multi-Language Display	Yes - English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic		Menu: English, German, French,	Yes - English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic	Menu: English, German, French,	Yes - English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic	No - Accessible through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish
Workouts		Manual, Rolling Hills, Fat Burn, 5k, Target HR, Gerkin Protocol, Army PFT, Navy PRT, Marine PFT, Air Force PRT, Physical Efficiency Battery (PEB)		Manual, rolling hills, fat burn, 5k, target HR, Gerkin protocol, Army PFT, Navy PRT, Marine PFT, Air Force PRT, physical efficiency battery (PEB)	Manual, Rolling Hills, Fat Burn, 5k, Target HR, Gerkin Protocol, Army PT, Navy PRT, Marine PFT, Air Force PRT, Physical Efficiency Battery (PEB), WFI Protorcol	Manual, rolling hills, fat burn, 5k, target HR, Gerkin protocol	Manual, rolling hills, fat burn, 5k, target HR, Gerkin protocol
Csafe, Fitlinxx Ready	Yes	Yes	Yes	Yes	Yes	No	No
Netpulse Compatible	No	Yes	Yes	Yes	Yes	No	No
On-The-Fly Program Change	Yes	Yes	Yes	Yes	Yes	Yes	Yes
FitTouch Technology™	Yes	No	No	No	No	No	No
Pause Function	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Integrated Vista Clear™ Digital Ready Television	Yes-15" (38 cm) screen size	Yes-7" (18 cm) screen size	No	Yes-7" (18 cm) screen size	No	Yes-7* (18 cm) screen size	No
Virtual Active™ Compatible	Yes	Yes	No	Yes	No	Yes	No
Asset Management Compatible	Yes	Yes	Yes	No	No	No	No
FITCONNEXION™ Ready	No	Yes	Yes	Yes	Yes	Yes	Yes
WiFi	Yes - for Asset Management	Yes - for Asset Management	Yes - for Asset Management	No	No	No	No
Pod® Compatible	Yes	Yes	Yes - charging only	No	No	No	No
Nike + Ipod Compatible	Yes	Yes	No.	No	No	No	No
Personal Fan	Yes	Yes	Yes	No	No	No	No
JSB Workout Tracking	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Crossbar Controls	Quick start, stop, cool down, speed and incline control	Quick start, stop, cool down, speed and incline control	Quick start, stop, cool down	No	No	No	No
TECH SPECS							
Overall Dimensions L X W X H	84.6" x 36.5" x 58" 2149 mm x 927 mm x 1473 mm	84.6" x 36.5" x 58" 2149 mm x 927 mm x 1473 mm	84.6" x 36.5" x 58" 2149 mm x 927 mm x 1473 mm	84.6" x 33.5" x 52" 2149 mm x 851 mm x 1321 mm	84.6" x 33.5" x 52" 2149 mm x 851 mm x 1321 mm	84.6" x 33.5" x 52" 2149 mm x 851 mm x 1321 mm	84.6" x 33.5" x 52" 2149 mm x 851 mm x 1321 mm
Maximum User Weight	400 lbs (182 kg)	400 lbs (182 kg)	400 lbs (182 kg)	400 lbs (182 kg)	400 lbs (182 kg)	350 lbs (158.8 kg)	350 lbs (158.8 kg)
Weight	399 lbs (181 kg)	397 lbs (180 kg)	394 lbs (179 kg)	380 lbs (173 kg)	378 lbs (172 kg)	338 lbs (153.8 kg)	336 lbs (152.8 kg)
Shipping Weight	440 lbs (200 kg)	437 lbs (199 kg)	433 lbs (197 kg)	409 lbs (186 kg)	408 lbs (185 kg)	379 lbs (172.3 kg)	377 lbs (171.5 kg)
Electrical Receptacle & Plug	NEMA 5-20R 120v	NEMA 5-20R 120v	NEMA 5-20R 120v	NEMA 5-20R 120v	NEMA 5-20R 120v	NEMA 5-20R 120v	NEMA 5-20R 120v
Electrical Requirements	20 amps-dedicated circuit required-non-looped grounded	20 amps-dedicated circuit required-non-looped grounded	20 amps-dedicated circuit required-non-looped grounded	20 amps-dedicated circuit required-non-looped grounded	20 amps-dedicated circuit required-non-looped grounded	20 amps-dedicated circuit required-non-looped grounded	20 amps-dedicated circuit required-non-looped grounded
WARRANTY							
Frame	7 years	7 years	7 years	7 years	7 years	7 years	7 years
Drive Motor	Lifetime	Lifetime	Lifetime	7 years	7 years	3 years	3 years
Parts and Labor	3 years CAP	3 years CAP	3 years CAP	3 years CAP	3 years CAP	3 years parts & labor**	3 years parts & labor**
Wear Items (USB, headphone, iPod cable)	90 days	90 days	90 days	90 days	90 days	NA	NA

Images and specifications subject to change.

Additional Cardio Specifications

	Rower
FEATURES	
Pedals	Fit-in with adjustable footboard
Contact HR Sensors	No
Telemetric HR Receiver	Yes
Handlebar Design	Easy grip wooden handrail
Transport Wheels	Yes
RESISTANCE SYSTEM	
Resistance Technology	Magnetic + Air Resistance System
Power Requirements	Battery powered LCD display
Drive System	Coil spring poly-V belt
Monorail	Aluminum
CONSOLE	
Display Type	Large LCD display
Display Feedback	Time, distance, SPM (strokes per minute), stroke, watts, heart rate, calories
Resistance Levels	12
Workouts	Manual, race, training
TECH SPECS	
Overall Dimensions L x W x H	106" x 20" x 40" 2692 mm x 508 mm x 1016 mm
Maximum User Weight	350lbs (169 kg)
Weight	90lbs (41 kg)
Shipping Weight	97lbs (44 kg)
Power Requirements	Battery powered LCD display
WARRANTY	
Warranty	2 years parts
	Virtual Active [™] by Matrix
FEATURES	
Product Compatibility	All existing and new 7xe cardio products and all new 7x, 3xe and 1xe cardio product
TECH SPECS	
Overall Dimensions	9.4" L x 3.1" W x 1.8" (20 cm) H (fits inside existing 7xe console)
Memory Size	16GB (Holds 20 videos)
WARRANTY	
Parts and Labor	1 year
	Myride
FEATURES	
Intuitive user interface and 17.3" (4	44 cm) touch-screen
Full high definition (HD)	
. d. light deminion (16)	

Industrial-grade computer with 500 GB HDD

Free-standing or wall-mounted display

LAN access for seamless remote servicing and software upgrades

Integrated TV tuner

Multilingual: German, English and Spanish

iPod compatible

Dimensions: 57.5"H x 20.3"W x 20.5" L (146 cm x 51.5 cm x 52 cm)

	Matrix 15" TV
FEATURES	
LCD PANEL	
Size	15" TFT LCD
Resolution	1024 x 768 (XGA)
Contrast Ratio	800:1
Brightness	350 cd/m2
Backlight	Dual CCFL
Aspect Ratio	Normal (4:3), Wide, Zoom, Cinema
DUAL MODE ATSC (DIGITAL)/N	NTSC (ANALOG) TUNER
Tuning band	Air/Cable/Cable HRC/Cable IRC/Cable Auto
Cable Mode	Digital (VSB/QAM)/Analog (None)
RF Frequency Range (NTSC)	54Mhz ~ 820 Mhz
MOUNTING SUPPORT	
VESA	75mm x 75mm mounting pattern
WARRANTY	
Parts	2 years
Labor	2 years

	Matrix 15" PCTV
FEATURES	
LCD PANEL	
Size	15" TFT LCD
Resolution	1024 x 768 (XGA)
Contrast Ratio	600:1
Brightness	250 cd/m2
Backlight	Dual CCFL
Aspect Ratio	4:3
DUAL MODE ATSC (DIGITA	L)/NTSC (ANALOG) TUNER
Cable Mode	Digital (QAM)/Analog (None)
EMBEDDED MOTHERBOAR	D
Processor	Intel ATOM D5251.8 GHz (Dual Core)
Memory	
Storage	Compact Flash Drive, 8 GB Capacity
TOUCH SCREEN & CONTR	OLLER
Touch Screen Type	5-Wire Resistive
MOUNTING SUPPORT	
VESA	75mm x 75mm mounting pattern
WARRANTY	
Electronic Parts	2 years
LCD/Touch Panel	1 year

1 year

	LIVESTRONG S Series LS	LIVESTRONG E Series LS	
FEATURES			
Drive system	Multi-ribbon belt drive	Multi-ribbon belt drive	
FRAME CONSTRUCTION & COATING			
Frame	Steel frame treated with zinc oxide coating and polyester powder coating	Steel frame treated with zinc oxide coating and polyester powder coating	
Color	High-gloss platinum	High-gloss black	
Flywheel weight	40 lbs (18 kg)	40 lbs (18 kg)	
TECH SPECS			
Overall dimensions	45.3"L x 21.7"W x 40.9"H (115 cm x 55 cm x 104 cm)	45.3"L x 21.7"W x 41.9"H (115 cm x 55 cm x 106 cm)	
Shipping weight	113 lbs (51 kg)	103 lbs (47 kg)	
WARRANTY			
1 Year	Saddle	Saddle	
2 Years	Pedals, insert sleeve for saddle and handlebar posts, levelling feet	Pedals, insert sleeve for saddle and handlebar posts, levelling feet	
3 Years	Brake system (excluding pads), adjustment knobs, cranks, handlebar and saddle assembly, bottom bracket assembly, flywheel hub assembly, powder coatings, belt drive system	Brake system (excluding pads), adjustment knobs, cranks, handlebar and saddle assembly, bottom bracke assembly, flywheel hub assembly, powder coatings, belt drive system	
10 Years	Frame construction	Frame construction	

The following items are excluded from warranty: pedal straps, pedal binding system, brake pad and water bottle holder.

	Krankcycle® by Matrix		
FEATURES			
Drive System	Chain drive		
Frame	Steel base frame with cast iron drive frame treated will zinc oxide & polyester powder coating		
TECH SPECS			
Overall Dimensions	56.5"L X 26.8" W X 41.5"H (144 cm x 68 cm x 105 cm)		
Weight	142.4 lbs (57 kg)		
Max User Weight	350 lbs (159 kg)		
WARRANTY			
Frame:	5 years		
Cranks, Brackets, Flywheel	2 years		
Bearings, Tension Knob Assembly	1 year		
Wearable Items:	6 months		
Labor	90 days		

Krankcycle® may be covered by one or more patents or patents pending

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EP 0968115	DE69835586	JP2000510562	AUS 64666/98	

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"Made for iPod" means that an electronic accessory has been designed to connect specifically to iPod and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards.